

Crown Christian School October 2017 Elementary Lunch Menu

ISD 15 NUTRITION SERVICES ELEMENTARY LUNCH MENU for SFE SOUTH, CCCS, & EBCS
K-5th Grade Student Lunch \$2.30 / 6th&7th Grade Student Lunch \$2.50 / Guest and Adults' Lunch \$3.60 / Milk only 50¢

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">2</p> (1)TACO in Whole Grain Soft Shell Tortilla, Beef Taco Meat ☺, Cheese, Lettuce, Tomato, Lite Sour Cream & Salsa or (2)DELI WRAP Refried Beans, Fruit Lettuce Salad with Fresh Vegetables, Milk Choice	<p style="text-align: right;">3</p> BRUNCH LUNCH (1)WHOLE GRAIN FRENCH TOAST STICKS ☺ with Syrup & Fruit Topping, SAUSAGE LINKS or (2)DELI SANDWICH, Tri Tater Potato, 100% Fruit Juice Cup, Lettuce Salad with Fresh Vegetables, Milk Choice	<p style="text-align: right;">4</p> Whole Grain STUFFED CRUST (1)CHEESE OR (2)PEPPERONI PIZZA SLICE ☺ or (3)PBJ UNCRUSTABLE SANDWICH with STRING CHEESE STICK Steamed Broccoli, Fruit Lettuce Salad with Fresh Vegetables, Milk Choice	<p style="text-align: right;">5</p> (1)CHICKEN IN GRAVY over MASHED POTATOES with a Whole Grain Tea Roll or (2)DELI SANDWICH Green Beans, Fruit Lettuce Salad with Fresh Vegetables, Whole Grain Chocolate Chip Cookie, Milk	<p style="text-align: right;">6</p> (1)SHRIMP POPPERS ☺ Tartar and Cocktail Dipping Sauce or (2)DELI WRAP Steamed Carrots Fruit, Yogurt with Granola Lettuce Salad with Fresh Vegetables Milk Choice
<p style="text-align: right;">9</p> (1)BEEF HOT DOG ☺ on Whole Grain BUN or (2)DELI WRAP Baked Beans, Fresh Broccoli with Dip, Fruit Lettuce Salad with Fresh Vegetables Milk Choice	<p style="text-align: right;">10</p> (1)CHICKEN NUGGETS ☺ Whole Grain Soft Pretzel with Cheese Sauce or (2)DELI SANDWICH, Mixed Vegetables Fruit Lettuce Salad with Fresh Vegetables Milk Choice	<p style="text-align: right;">11</p> (1)Whole Grain MACARONI & CHEESE ☺ or (2)PBJ UNCRUSTABLE SANDWICH with STRING CHEESE STICK Peas, Fruit Lettuce Salad with Fresh Vegetables, Jello with Whip Topping, Milk Choice	<p style="text-align: right;">12</p> (1)SAVORY CHICKEN DRUMSTICK with WHOLE GRAIN TEA ROLL or (2)DELI SANDWICH, Seasoned Mashed Potatoes, Steamed Carrots, Apple Crunch Day!, Lettuce Salad with Fresh Vegetables, Elf Graham Crackers, Milk Choice	<p style="text-align: right;">13</p> <p style="text-align: center;">K-3rd Grade Field Trip Bring a bagged lunch</p> <p style="text-align: center;">4th-7th Grade Field Trip to Lutheran Island Camp (leaving on Thursday).</p>
<p style="text-align: right;">16</p> (1)Whole Grain MINI CORN DOGS ☺ or (2)DELI WRAP Tater Tots, Steamed Carrots Fruit, Lettuce Salad with Fresh Vegetables Milk Choice	<p style="text-align: right;">17</p> (1)TACO 'N BAG Reduced Fat Whole Grain Doritos, Beef Taco Meat ☺, Shredded Cheese, Lettuce, Tomato, Salsa & Lite Sour Cream or (2)DELI SANDWICH Refried Beans, Fruit Choice Lettuce Salad, Milk Choice	<p style="text-align: right;">18</p> (1)Whole Grain PIZZA POCKET or (2)PBJ UNCRUSTABLE SANDWICH with STRING CHEESE STICK Mixed Vegetables, Fruit Lettuce Salad with Fresh Vegetables, Frozen Juice Cup Milk Choice	<p style="font-size: 2em; font-weight: bold;">No School MEA Weekend</p>	
<p style="text-align: right;">23</p> (1)Whole Grain POPCORN CHICKEN ☺, BBQ Dipping Sauce or (2)DELI WRAP Steamed Carrots Fruit Lettuce Salad with Fresh Vegetables Milk Choice	<p style="text-align: right;">24</p> BRUNCH LUNCH (1)WHOLE GRAIN PANCAKES, Syrup & Fruit Topping, HAM SLICE or (2)DELI SANDWICH Tri Tater Potato 100% Fruit Juice Cup Lettuce Salad with Fresh Vegetables Milk Choice	<p style="text-align: right;">25</p> (1)HAMBURGER, (2)CHEESEBURGER ☺ Lettuce, Tomato & Pickle Slice on Whole Grain BUN or (3)PBJ UNCRUSTABLE SANDWICH with STRING CHEESE STICK, Oven Baked Crinkle Cut Fries, Baked Beans, Fruit Choice, Lettuce Salad with Fresh Vegetables, Milk Choice	<p style="text-align: right;">26</p> (1)SPAGHETTI SAUCE & MEATBALLS on Whole Grain Spaghetti NOODLES ☺ or (2)DELI SANDWICH Green Beans Fruit Lettuce Salad with Fresh Vegetables Milk Choice	<p style="text-align: right;">27</p> (1)FISH NUGGETS ☺ Tartar and Cocktail Dipping Sauce or (2)DELI WRAP Broccoli with Cheese Sauce Fruit Lettuce Salad with Fresh Vegetables Whole Grain M&M Cookie Milk Choice
<p style="text-align: right;">30</p> (1)NACHOS - Whole Grain Tortilla Chips, Beef Taco Meat ☺, Warm Cheese Sauce, Lettuce, Tomato, Lite Sour Cream, & Salsa or (2)DELI WRAP, Refried Beans, Fruit Lettuce Salad with Fresh Vegetables, Milk Choice	<p style="text-align: right;">31</p> Whole Grain (1)CHEESE and (2)PEPPERONI PIZZA ROLLS ☺ or DELI SANDWICH Corn, Fruit Lettuce Salad with Fresh Vegetables, Milk Choice Fall Seasonal Cookie	<p>☺=USDA Child Nutrition Label, (USDA Certified product meets Child Nutrition meal pattern requirements for lean protein &/or whole grain rich grains). Program benefits and services are available to all children without regard to race, religion, color, sex, handicap, age or national origin. Free and reduced meal applications are available throughout the year in all schools or on the website at www.isd15.org.</p>		