

Crown Christian School September 2018 Elementary Lunch Menu

K-5th Grade Student Lunch \$2.30 / 6th-8th Grade Student Lunch \$2.50 / Guest and Adults' Lunch \$3.75 / Milk only 50¢

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3  No School-Labor Day	4 (1)Whole Grain STATE FAIR STYLE MINI CORN DOGS ☺ Crispy Tater Tots or (2)TURKEY & CHEESE DELI SANDWICH 100% Fruit Juice Cup Lettuce Salad with Fresh Vegetables Milk Choice	5 (1)HAMBURGER or (2)CHEESEBURGER ☺ Lettuce, Tomato & Pickle Slice on Whole Grain BUN or (3)PBJ UNCRUSTABLE SANDWICH with STRING CHEESE STICK Oven Baked Crinkle Cut Fries Baked Beans, Fruit, Lettuce Salad with Fresh Vegetables Milk Choice	6 (1)ITALIAN SPAGHETTI & BEEF MEATBALLS on Whole Grain Spaghetti NOODLES ☺ or (2)HAM & CHEESE DELI SANDWICH, Green Beans Fruit, Lettuce Salad with Fresh Vegetables Whole Grain Teddy Grahams Milk Choice	7 (1)CRISPY FISH NUGGETS ☺ Tartar and Cocktail Dipping Sauce or (2)TURKEY & CHEESE DELI WRAP Broccoli with Cheese Sauce Fruit, Lettuce Salad with Fresh Vegetables Whole Grain M&M Cookie Milk Choice
10 (1)NACHOS - Whole Grain Tortilla Chips, Beef Taco Meat ☺, Warm Cheese Sauce, Lettuce, Tomato, Lite Sour Cream, & Salsa or (2)HAM & CHEESE DELI WRAP Refried Beans, Fruit Lettuce Salad with Fresh Vegetables, Milk Choice	11 (1)Whole Grain Corn Tortilla Style CHEESE and PEPPERONI PIZZA ROLLS ☺ Salsa & Lite Sour Cream or (2)TURKEY & CHEESE DELI SANDWICH, Corn Fruit, Lettuce Salad with Fresh Vegetables Milk Choice	12 (1)CRISPY CHICKEN TENDERS ☺ Dipping Sauce, Whole Grain Asian Rice or (2)PBJ UNCRUSTABLE SANDWICH with STRING CHEESE STICK, Stir Fry Vegetables, Fruit, Lettuce Salad with Fresh Vegetables, Fortune Cookie, Milk Choice	13 (1)STATE FAIR STYLE WG CORN DOG ☺ or (2)HAM & CHEESE DELI SANDWICH Crisp Tri Tater Potato Broccoli Bacon Salad Steamed Carrots Fruit, Lettuce Salad with Fresh Vegetables Milk Choice	14 (1)Whole Grain GARLIC CHEESY BREAD ☺ with Pizza Dipping Sauce or (2)TURKEY & CHEESE DELI WRAP Winter Blend Vegetables Fruit, Lettuce Salad with Fresh Vegetables Milk Choice
17 (1)ITALIAN BEEF MEATBALL SUB ☺ Parmesan Cheese Topping on a Whole Grain BUN or (2)HAM & CHEESE DELI WRAP Steamed Carrots, Fruit Lettuce Salad with Fresh Vegetables Pudding with Whip Topping Milk Choice	18 (1)SAINTS BURGER SYLE BEEF SLIDER on Whole Grain BUN or (2)TURKEY & CHEESE DELI SANDWICH Seasoned Mashed Potatoes Fresh Broccoli with Dip, Fruit Lettuce Salad with Fresh Vegetables Milk Choice	19 (1)BREADED CHICKEN NUGGETS ☺ or (2)PBJ UNCRUSTABLE SANDWICH with STRING CHEESE STICK Browned Oven Potatoes California Blend Vegetable Fruit, Lettuce Salad with Fresh Vegetables Whole Grain Mini Rice Crispy Treat, Milk Choice	20 (1)WHOLE GRAIN CHICKEN OR (2)CHEESE PIZZA QUESADILLA, Lettuce, Tomato, Lite Sour Cream & Salsa or (3)HAM & CHEESE DELI SANDWICH Refried Beans, Fruit, Lettuce Salad with Fresh Vegetables, Milk Choice, <i>Harvest of the Month Taste Sampling</i>	21 (1)SCHOOL MADE WHOLE GRAIN GRILLED CHEESE SANDWICH or (2)TURKEY & CHEESE DELI WRAP Dippin' Tomato Soup Green Beans Fruit, Lettuce Salad w/ Fresh Vegetables Milk Choice
24 (1)BEEFY TACO in Whole Grain Soft Shell Tortilla Beef Taco Meat ☺, Cheese, Lettuce, Tomato, Lite Sour Cream & Salsa or (2)HAM & CHEESE DELI WRAP Refried Beans, Fruit Lettuce Salad with Fresh Vegetables Milk Choice	25 (1)BRUNCH LUNCH - WHOLE GRAIN FRENCH TOAST STICKS ☺ with Syrup & Fruit Topping, TURKEY SAUSAGE PATTY or (2)TURKEY & CHEESE DELI SANDWICH, Crisp Tri Tater Potato, 100% Fruit Juice Cup Lettuce Salad with Fresh Vegetables, Milk Choice	26 Whole Grain STUFFED CRUST (1)CHEESE OR (2)PEPPERONI PIZZA SLICE ☺ or (3)PBJ UNCRUSTABLE SANDWICH with STRING CHEESE STICK Steamed Broccoli Fruit Lettuce Salad with Fresh Vegetables Milk Choice	27 (1)CHICKEN IN GRAVY over CREAMY MASHED POTATOES with a Whole Grain Tea Roll or (2)HAM & CHEESE DELI SANDWICH, Green Beans, Fruit Lettuce Salad with Fresh Vegetables Whole Grain Chocolate Chip Cookie Milk Choice	28 (1)BREADED SHRIMP POPPERS ☺ Tartar and Cocktail Dipping Sauce or (2)TURKEY & CHEESE DELI WRAP, Steamed Carrots Fruit, Yogurt with Granola Lettuce Salad with Fresh Vegetables Milk Choice