



Crown Christian School January 2018 Elementary Lunch Menu

K-5th Grade Student Lunch \$2.30 / 6th&7th Grade Student Lunch \$2.50 / Guest and Adults' Lunch \$3.60 / Milk only 50¢

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 No School	2 BRUNCH LUNCH: (1)WHOLE GRAIN FRENCH TOAST STICKS ☺ w/ Syrup & Fruit Topping, TURKEY SAUSAGE LINKS or (2)DELI SANDWICH, Tri Tater Potato, 100% Fruit Juice Cup, Lettuce Salad w/ Fresh Vegetables, Milk	3 Whole Grain STUFFED CRUST (1)CHEESE OR (2)PEPPERONI PIZZA SLICE ☺ or (3)PBJ UNCRUSTABLE SANDWICH with STRING CHEESE STICK, Steamed Broccoli, Fruit, Lettuce Salad with Fresh Vegetables, Milk	4 (1)CHICKEN IN GRAVY over MASHED POTATOES with a Whole Grain Tea Roll or (2)DELI SANDWICH, Green Beans, Fruit, Lettuce Salad with Fresh Vegetables, Whole Grain Chocolate Chip Cookie, Milk Choice	5 (1)SHRIMP POPPERS ☺ Tartar and Cocktail Dipping Sauce or (2)DELI WRAP Steamed Carrots, Fruit, Yogurt with Granola, Lettuce Salad with Fresh Vegetables, Milk Choice
8 (1)BEEF HOT DOG ☺ on Whole Grain BUN or (2)DELI WRAP, Baked Beans Fresh Broccoli with Dip, Fruit Lettuce Salad with Fresh Vegetables Milk Choice	9 (1)CHICKEN NUGGETS ☺ Whole Grain Soft Pretzel with Lite Cheese Sauce or (2)DELI SANDWICH , Mixed Vegetables Fruit, Lettuce Salad with Fresh Vegetables, Milk Choice	10 (1)Whole Grain MACARONI & CHEESE ☺ or (2)PBJ UNCRUSTABLE SANDWICH with STRING CHEESE STICK, Peas, Fruit Lettuce Salad with Fresh Vegetables Jello with Whip Topping, Milk Choice	11 (1)SAVORY CHICKEN DRUMSTICK with WHOLE GRAIN TEA ROLL or (2)DELI SANDWICH Seasoned Mashed Potatoes, Steamed Carrots, Fruit Lettuce Salad with Fresh Vegetables, Elf Graham Crackers, Milk	12 (1)WHOLE GRAIN MOZZARELLA CHEESE STICKS ☺ with Pizza Dipping Sauce or (2)DELI WRAP California Blend Vegetables, Fruit Lettuce Salad with Fresh Vegetables Milk Choice
15  No School	16 (1)TACO 'N BAG Reduced Fat Whole Grain Doritos, Beef Taco Meat ☺ , Shredded Cheese, Lettuce, Tomato, Salsa & Lite Sour Cream or (2)DELI SANDWICH, Refried Beans, Fruit, Lettuce Salad w/ Fresh Vegetables, Milk	17 (1)Whole Grain PIZZA POCKET or (2)PBJ UNCRUSTABLE SANDWICH with STRING CHEESE STICK, Mixed Vegetables, Fruit Lettuce Salad with Fresh Vegetables, Frozen Juice Cup, Milk	18 (1)GRILLED CHICKEN PATTY ☺ on Whole Grain BUN or (2)DELI SANDWICH, Lettuce & Tomato, Coleslaw, Broccoli with CheeseSauce Peaches and Fruit Choice Lettuce Salad w/ Fresh Vegetables, Milk	19 Whole Grain (1)CHEESE OR (2)SAUSAGE RECTANGLE PIZZA SLICE ☺ or (3)DELI WRAP Corn, Fruit Lettuce Salad with Fresh Vegetables, Milk Choice
22 (1)Whole Grain POPCORN CHICKEN ☺ BBQ Dipping Sauce or (2)DELI WRAP Steamed Carrots Fruit Lettuce Salad with Fresh Vegetables Milk Choice	23 BRUNCH LUNCH (1)WHOLE GRAIN PANCAKES Syrup & Fruit Topping, HAM SLICE or (2)DELI SANDWICH Tri Tater Potato 100% Fruit Juice Cup Lettuce Salad with Fresh Vegetables Milk Choice	24 (1)HAMBURGER or(2)CHEESE BURGER ☺ Lettuce, Tomato & Pickle Slice on Whole Grain BUN or (3)PBJ UNCRUSTABLE SANDWICH with STRING CHEESE STICK, Oven Baked Crinkle Cut Fries, Baked Beans, Fruit, Lettuce Salad w/ Fresh Vegetables, Milk	25 (1)SPAGHETTI SAUCE & MEATBALLS on Whole Grain Spaghetti NOODLES ☺ or (2)DELI SANDWICH Green Beans, Fruit Lettuce Salad with Fresh Vegetables Milk Choice	26 (1)FISH NUGGETS ☺ Tartar and Cocktail Dipping Sauce or (2)DELI WRAP Broccoli with CheeseSauce, Fruit Lettuce Salad with Fresh Vegetables Whole Grain M&M Cookie Milk Choice
29 (1)NACHOS Whole Grain Tortilla Chips, Beef Taco Meat ☺ , Warm Cheese Sauce, Lettuce, Tomato, Lite Sour Cream, & Salsa or (2)DELI WRAP, Refried Beans Fruit, Lettuce Salad with Fresh Vegetables, Milk Choice	30 (1)Whole Grain CHEESE and PEPPERONI PIZZA ROLLS ☺ or (2)DELI SANDWICH Corn Fruit, Lettuce Salad with Fresh Vegetables, Milk Choice	31 (1)CHICKEN TENDERS ☺ Dipping Sauce and Whole Grain Rice or (2)PBJ UNCRUSTABLE SANDWICH with STRING CHEESE STICK Stir Fry Vegetables, Fruit, Lettuce Salad Fresh Vegetables, Fortune Cookie, Milk	<u>JANUARY EVENTS</u> 15 th – No School, MLK Day 22 nd -28 th – National Lutheran Schools Week: special activities planned throughout the week. 26 th – Science Fair Projects Due 28 th – Students sing at Zion's Worship Service, 9:00am	